

2017

WANT SOMETHING IN  
THE NEWSLETTER?  
EMAIL  
NEWSLETTER@SMFN.CA



CRIBBAGE  
TOURNAMENT



April 11, 2017  
14th  
Anniversary



Employment  
Opportunity

# SITANSISK KOLUSUWAKON

ST. MARY'S FIRST NATION NEWSLETTER



# COMMUNITY WALK & SMUDGE



Please join us !

April 9<sup>th</sup> @ 11am

The St Mary's First Nation Women's Group & Women's Hand Drum Group would like to invite all community members to walk and smudge with us as celebrate the changing of the seasons!

The walk will begin at the entertainment centre and end with a potluck at the cultural centre. Feel free to bring your friends, family members, drums, rattles, sweet grass, sage and singing voices...

or just come for the fresh air and the good company 😊

If you would like to donate a dish to the potluck please drop it off at the cultural centre the day of the walk.

Woliwon,  
SMFN women's Group  
SMFN Women's Hand Drum Group

My name is Rosalind Dunphy and I was born and raised in Taymouth, New Brunswick, where, as a child, I spent many summers swimming in the Nashwaak River, as well as playing in the forest. Most of my adult life was spent living in various locations across Canada from Québec city, Québec to Calgary, Alberta.

I have also spent time living and working in northern Québec, in Schefferville, where I worked with the Naskapi people and in Kuujuaq, where I worked with the Inuit.

I returned to university as a mature student and completed my Bachelor of Arts in communications and journalism at St. Thomas University, with a minor in French from Laval University, in Québec city, Québec. I have always had a passion for social justice and equality which sparked my desire to return to university to study social work.

I also have a Pomeranian named Dexter, who I plan to have certified as a therapy dog, since I believe animals, as well as nature are key elements in the healing process.

Presently, as a social work student with St. Thomas University, I am privileged to have the opportunity to do my placement with St. Mary's First Nations Child and Family Services and I plan to humbly and fully embrace this learning opportunity. I will be done my placement with St. Mary's Child & Family Services at the end of June, 2017.



## First Nations Indigenous Coordinator - Atlantic Link

Location: **CA - Saint John, New Brunswick**  
Posting Number: **3297-17 EMA**  
Company: **Emera Inc.**  
Department:  
Number of Open Positions: **1**  
Type of Employment: **Term Full Time**

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### Description

**Reference Number:** 3297-17 EMA

**Job Title:** **First Nations Indigenous Coordinator – Atlantic Link**

**Business Unit:** Environmental and Aboriginal Affairs

**Location:** New Brunswick

**Type of Employment:** Term, Full Time

Atlantic Link is a proposed approximately 350-mile submarine high-voltage direct current (HVdc) electric transmission line that will deliver 900 megawatts of clean energy from a new DC converter station to be constructed at Coleson Cove, New Brunswick, to a new converter station to be constructed at one of two proposed landing sites in Massachusetts. Emera intends that the Atlantic Link will be in-service by the end of 2022. The Atlantic Link is 100% owned by Emera. NB Power holds an option to participate in the Atlantic Link as a minority investor.

Energy transmitted on the proposed transmission line will be bundled with transmission services provided by the Atlantic Link and will be advanced by Emera in response to a clean energy request for proposals (RFP) expected in early 2017 from the Commonwealth of Massachusetts.

As part of development of the Atlantic Link, Emera is currently undertaking a solicitation for clean energy intended to result in the selection of energy sources to be bundled with transmission service on the line, for offer into the Massachusetts RFP.

### Accountabilities:

The First Nations Coordinator interfaces regularly with Emera team members as well as First Nations and organizations that represent rightsholders.

This position is responsible to stay abreast of the project status, coordinate engagement and consultation activities for the project, maintain accurate records, commitments and ensure appropriate follow up. Regular project updates are provided to both First Nations organizations as well as proponent project team members.

This position is also responsible for monitoring the implementation and progress of aboriginal engagement plan activities associated with energy development and facilitating aboriginal inclusion.

Key elements of the role include:

- Interface with Emera and the Maliseet, Mi'kmaq and Passamaquoddy First Nations to share information and keep parties apprised of the project status in support of the regulatory

processes. Communicate with other government departments as required.

- Coordinate and track communication, engagement and consultation efforts around processes for environmental and regulatory approvals with First Nations.
- Monitor and facilitate aboriginal inclusion as part of an aboriginal engagement plan for generation development and in support of building positive relations between the utilities and First Nations.
- Facilitate removal of barriers and overcoming challenges by brokering relationships and partnerships among and between parties that share interests of mutual benefit and achieve project objectives and milestones.
- Recommend strategies and effective practices to ensure project objectives and milestones are realized for aboriginal participation and overall success.

**Skills, Capabilities and Experience:**

- A bachelor's degree with courses in appropriate areas of study
- 5-7 years of work experience requiring the use of interpersonal communication skills to build rapport with groups
- Advanced knowledge of First Nations Communities and First Nations Organizations
- Valid driver's license

This position is intended for a New Brunswick First Nations person who demonstrates initiative, team work and relationship building capacity. Flexibility, judgement, discretion and tact are required. Strong interpersonal and communication (written and verbal) are required, including the ability to operate effectively at public meetings or in front of large groups. Training or experience in cultural diversity or equity issues and their impacts is essential. The incumbent needs a broad awareness of First Nation's culture, history and treaty rights. This position will interface with all New Brunswick First Nations ; relying on the incumbent's credibility with communities and organizations that represent the Maliseet, Mi'kmaq Nations as well as the Passamaquoddy.

**Reports to:** Director, Environmental and Aboriginal Affairs

**Application Requirement:** To apply, please click on the APPLY button at the end of the job posting, complete all required information fields, and copy and paste your covering letter and resume into the online form.

**Salary:** Commensurate with qualifications and experience.

**Application Deadline:** April 4th, 2017 Late applications may not receive consideration.

**Recruitment and Promotion Policy:** When filling vacant positions, we are determined to hire the best candidates available. We are committed to providing employees with a fair and equal opportunity to compete for jobs. Hiring and promotion of employees is based on skills, capabilities, knowledge and demonstrated abilities.

We value diversity in the workplace and strongly encourage applications from all qualified candidates .

**Complete for Returning Applicants** (You have applied for a job with Emera, Nova Scotia Power, Emera Energy, Emera Utility Services or Emera Newfoundland, you are a

returning applicant.)

Previous Applicants:

Email:

Password:

Add to My Jobs

If you do not remember your password [click here](#).

**Complete for First Time Applicants** (You **have never** applied for a job with Emera, Nova Scotia Power, Emera Energy, Emera Utility Services, Emera Newfoundland.)

## Forestry

The Forestry Department is taking names from any SMFN band members who are interested in becoming a contractor or would like to work in the woods. Depending on the interest, a training course may be offered.

Please leave your name and number at the SMFN Band Office 458-9511 or call George McCoy 238-0755.





**St. Mary's First Nation  
Turtle Tots Daycare - CHSMES  
Part-Time Cook/Cleaner**

**The part-time Cook/Cleaner position is for 8 hours per week:**

Monday, Tuesday, Thursday and Friday 11am to 1pm. Will not be required to work or be compensated for PD days, snow days or summertime hours. This position may also fill in for vacations/sick leave etc.

**Typical Duties:**

- 1) Food preparation
- 2) Cleaning duties such as dishes, mopping floors, cleaning bathrooms etc.
- 3) Perform any other duties designated by the Director and/or Directors designated.

**Qualifications:**

- 1) **Clean criminal record check- (Must provide with application)**
- 2) Current Food Safety Certificate an asset.
- 3) Must be willing to take the Food Safety training if applicable.
- 4) Must be able to work independently as well as take direction.

Lisa Wilson  
Director of Human Resources  
St. Mary's First Nation  
150 Cliffe Street  
Fredericton, N.B. E3A 0A1 or  
Fax (506) 472-6220 or email to [lisawilson@smfn.ca](mailto:lisawilson@smfn.ca)

**\*\*Please submit resume and criminal record check by 4:00 PM on Thursday, April 20, 2017.**

**\*\*Only those with the requested documents will be contacted for interview.**



**YEAR END TRIP—Deadline for TRIP is July 06, 2017—Please bring in report cards as soon as possible**

- Students from grades 6-12 who choose to attend the End of Year Trip will receive their award money at the beginning of the trip.
- The criteria for the year end trip is as follows;

High School students must have a 75% AVERAGE or higher and no more than 10 days of school missed for the year;

**All Graduates from High School must have the same criteria to qualify for the Year End Trip.**

Middle school students must have marks of ALL 3's plus a minimum of 2 fours in any subject, and no more than 10 days of school missed. (If the report card have a mark of a 1 or 2 students will not be entitled to the year end trip.)

**Deadline for Trip is July 06, 2017!!!**

**Deadline for awards is the July 27 2017, no report cards will be accepted after July 27th.**

**Please fax or send a copy of the student's report card for verification.**



# EMPLOYMENT OPPORTUNITY

## Senior Advisor to the Executive Director

Reporting to the Executive Director, you will provide a wide range of day to day support services. The responsibilities will include managerial and administrative functions, including but not limited to organizational, problem solving, secretarial, and information gathering functions. Experience in coordinating administrative services, experience in interacting with internal and external clients is required. A thorough knowledge and expertise in day to day office management including a solid proficiency in Microsoft Office and Excel is required. Experience working with Maliseet Leadership and community members, Federal/Provincial, Non-Governmental Organizations and/or funding partners is required. Experience with the Duty to Consult, including experience working in the environmental assessment review process.

Coordination of administrative services is defined as, but not limited to: the collection and consolidation of information for the production of various reports, coordination of document approval, planning and coordination of meetings, drafting Minutes, monitoring expenses and tracking budgets, managing schedules and emails and other related duties.

### Duties:

- Assist the Executive Director with the management of varied complex projects, e.g. environmental assessments;
- consult with management to guide and influence long term and strategic decision making within the broadest scope;
- prepare and edit correspondence, communications, presentations and other documents;
- arrange and co-ordinate meetings and events;
- conduct research, collect and analyse data to prepare reports and documents;
- monitor, screen, respond to and distribute incoming communications;
- co-ordinate project-based work;
- file and retrieve documents and reference materials on a web based Records Management System;
- liaise with internal staff at all levels;
- interact with external clients;
- supervise, coach and train lower level staff;
- duty to consult;
- track budgets
- other duties as required

### Qualifications:

- Bachelors degree –due to the technical nature of this position preference may be given to a person with a science degree. Equivalent experience and relevant training may be considered.
- At minimum a working knowledge of First Nation communities, culture and social concerns is essential.
- 2 – 5 years' experience in this occupation or a similar occupation
- experience providing support at a high level
- Ability to work independently in a fast-paced environment
- proficient computer skills and in-depth knowledge of relevant software such as MS Office Suite
- knowledge of standard office administrative practices and procedures
- knowledge of the legal duty to consult
- good working relationship with the Maliseet leadership
- Possess strong commitment to team environment dynamics
- Valid NB driver's license
- You cannot be an elected official

Remuneration will be in the range of \$35,000.00 to \$40,000.00 annually. Working location will be St. Mary's First Nation in Fredericton, NB.

Confidential applications should be submitted via email, using the email subject line "Senior Advisor to Executive Director" posting", to: [human.resources@wtci-nb.ca](mailto:human.resources@wtci-nb.ca) by **DATE, April 06, 2017. Thank you for applying - only those selected for an, interview will be contacted directly.**



Working Towards a Healthier Community



# **CRIBBAGE TOURNAMENT**

**Sunday, April 9, 2017**

**At SMEC**

**FREE Registration**

**Registration at 11:00**

**Play starts at 12:00**

**Mixed Doubles – Blind Draw**

**Male & Female High Hand**

**EVERYONE WELCOME**

# Bring out your Creativity

Prizes: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

by joining in the

A red rectangular box containing the text "LOGO DESIGN COMPETITION" in a bold, white, 3D-style font. The letters are stacked vertically: "LOGO" on the top line, "DESIGN" on the second line, and "COMPETITION" on the third line. The background of the box is a solid red color.

**LOGO  
DESIGN  
COMPETITION**

## Objective of the competition

The Wolastoqiyik Family Violence Strategy is currently a new initiative that requires its own identity that would represent Wolastoqiyik communities; Tobique, Kingsclear, Woodstock, Oromocto and St. Mary's.

## Requirements

- The contest is open to contestants of 11-13 ages
- Must be a member of the Wolastoqiyik communities
- Entries must be submitted on 8.5 x 11 page, include name, address, community and phone number.

Logo design will be evaluated on:

- How well the design reflects the Wolastoqiyik Family Violence Strategy
- Culture
- Community

Entries may be submitted in person to First Nation community Health Center or by mail to:

Laurie Paul  
77 French Village Rd  
Kingsclear First Nation, NB  
E3E 1K3

**Deadline April 12, 2017**



# Great Spirit Bear Sport Camp

40 Francis Road, Eel Ground, New Brunswick, Canada, E1V 4C1

The Great Spirit Bear Sport Camp is a unique summer camp experience catering to male and female Aboriginal youth from Canada and the United States. Our program is open to First Nation (Status and non-status), Native American, Inuit, Innu and Metis participants. Our camp is 100% First Nation-owned and-operated. We focus on the Aboriginal Long-Term Participant Development Pathway as to increase the percentage of Aboriginal children who become physically literate, define a pathway for Aboriginal athletes into high performance sport and to increase the number of Aboriginal people who are active for life.

We offer the following camping options:

- Multisport Camp (Ages 9 – 16)
- Hockey Camp (Ages 13 - 16)
- Basketball Camp (Ages 12 – 16)
- Rugby Camp (Ages 13 – 17)
- Cross-Cultural Lacrosse Camp – Indigenous / non-Indigenous (Ages 11 – 16)

The quality of our program, coaches, venues, food and of course our unique partnerships with Nike Team Canada, Warrior and T. Litzen make our camp an extra special experience.

Camp War promotes a fun, competitive team building exercise happening each day. The Campers will be divided into teams while competing for points in various athletic and non-athletic events. Each team requires as much brain as brawn.

The Great Spirit Bear Sport Camp includes more than just sport. We will bring in Aboriginal and non-Aboriginal guest speakers promoting the benefits of sport, recreation, education and other aspects of life. Confirmed speakers are:

- Jason Dickson, American League All-Star and Olympian.
- Phil Mack, Canada's National Men's Rugby Team
- NB Sports Hall of Fame Ambassadors

To increase the fun factor of our camp we have signed the East Coast Music Award winning City Natives to perform a concert for our participants. This award winning aboriginal group originates from New Brunswick and Nova Scotia.

## How to submit completed registration forms?

By Mail: Great Spirit Bear Sport Camp  
40 Francis Road  
Eel Ground, New Brunswick, Canada  
E1V 4C1  
P: (506) 651-7438  
E: jason.peters@nation2nationconsulting.com

\*Great Spirit Bear Sport Camp accepts payment through cheque, e-transfers, PayPal, Visa or MasterCard.

See you in 2017!!!



# Great Spirit Bear Sport Camp

40 Francis Road, Eel Ground, New Brunswick, Canada, E1V 4C1

## REGISTRATION FORM

(Please Print)

Today's date:			Payment Amount:		
CAMPER INFORMATION					
Camper's last name:		First:	Middle:	Nike Clothing Size (circle one) Men's / Women's X-Small / Small / Medium / Large / XL / XXL	
Is this your legal name? <input type="checkbox"/> Yes <input type="checkbox"/> No	If not, what is your legal name?	(Former name):		Birth date: / /	Age: Sex: <input type="checkbox"/> M <input type="checkbox"/> F
Street address:			Medicare no.:	Home phone no.: ( )	
P.O. Box:	City / Town / Community:		Province / State:	Postal / ZIP Code:	
Camper Type: <input type="checkbox"/> Overnight Camper <input type="checkbox"/> Day Camper			Parents Email Address.:		
How did you hear about the Great Spirit Bear Sport Camp: Aboriginal Ancestry: <input type="checkbox"/> First Nation <input type="checkbox"/> Inuit / Innu <input type="checkbox"/> Metis <input type="checkbox"/> Native American (USA)					
Allergies and Food Allergies:					

IN CASE OF EMERGENCY				
Name of local parent or relatives:		Relationship to Camper:	Home phone no.: ( )	Work phone no.: ( )
The above information is true to the best of my knowledge. I also authorize the Great Spirit Bear Sport Camp to use my child's / children's medical information to act in their best interest in a medical emergency. I also understand that Great Spirit Bear Sport Camp will not be held responsible for any of my child's / children's injuries obtained while attending camp.				
_____ <i>Parent/Guardian signature</i>			_____ <i>Date</i>	

PAYMENT INFORMATION				
Payment Method <input type="checkbox"/> Cheque <input type="checkbox"/> Credit Card <input type="checkbox"/> E-Transfer		Expiry date:	Home phone no.: ( )	Work phone no.: ( )
The above information is true to the best of my knowledge. I authorize the Great Spirit Bear Sport Camp to process my credit card payment. I understand that I am financially responsible for any balance I authorize the Great Spirit Bear Sport Camp to process my credit card payment. I understand that I am financially responsible for any balance.				
_____ <i>Name on Credit Card</i>			_____ <i>Credit Card Number</i>	
Credit Card: <input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> American Express				

Payment information:

### Overnight Campers

\$625 Early registration (before March 31, 2016)  
\$700 (May 1, 2017)  
\$725 Late registration (June 1<sup>st</sup>, 2017)

### Day Campers

\$400 (before March 31, 2017)  
\$425 (May 1, 2017)  
\$450 Late registration (June 1<sup>st</sup>, 2017)



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The quality of our program, coaches, venues, food and of course our unique partnership with Nike Canada make our camp an extra special experience. Each of the campers will enjoy the benefits of an elite / high performance athletic sport experience offered specifically for Aboriginal youth.

Camp War promotes a fun, competitive team building exercise happening each day. The Campers will be divided in teams through a one of a kind selection process. The teams compete for points during various athletic and non-athletic events. Each team requires as much brain as brawn.

Every year the Camp War theme will change. The topic will not be known to campers and coaches until later in the evening during the first day of camp.

The Great Spirit Bear Sport Camp includes more than sport. We will bring in Aboriginal and non-Aboriginal guest speakers promoting the benefits of sport, recreation, education and other aspects of life. Confirmed speakers are:

- Jason Dickson, American League All-Star and Olympian.
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Eel Ground, New Brunswick, Canada  
E1V 4C1  
P: (506) 651-7438  
E: [jason.peters@nation2nationconsulting.com](mailto:jason.peters@nation2nationconsulting.com)

\*Great Spirit Bear Sport Camp accepts payment through cheque, e-transfers, PayPal, Visa or MasterCard.

See you in 2017!!!



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## **Employment Opportunity**

### **St. Mary's Veterans Health**

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#### **Addiction Mental Wellness Worker (Revised & Extended)**

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Under the general supervision of the Health Director, the Addiction Mental Wellness Worker will provide support services and education that are culturally sensitive, help improve the mental health and wellbeing of SMFN Members. This position will be responsible to provide client services (individual, group, advocacy and case management) as well as prevention programming at the community level related to addictions and mental wellness. This will involve direct contact with clients involving assessment, peer counselling, referrals, case management, and aftercare. Other programming may include facilitation of support groups and working with all ages in prevention activities

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#### **QUALIFICATIONS:**

Grade 12 or equivalent

Culture Sensitivity Training or Relevant experience working in a First Nations community

Valid NB Driver's License and Abstract, & use of own vehicle for work-related purposes

**As we did not receive applicants with specific training or experience we are putting this job back out as we will provide training, the applicant must have other required skills as listed, must be alcohol & Drug Free for a Min of 3 years and be a good fit with the Mental Health & Wellness Team.**

#### **OTHER SKILLS REQUIRED:**

Demonstrated ability – both written and oral – to communicate effectively with First Nations clients, families, communities and service providers

Effective group facilitation skills

Computer Skills

**Role Model in sobriety and model good self-care**

Able to work with minimal supervision

Ability to work as part of a multi-disciplined team, including professional commitment, flexibility and good dispute resolution skills

**Please submit current resume and cover letter by April 20<sup>th</sup>, 2017 at 4:00 pm to:**

**Lisa Wilson, Director of Human Resources, 150 Cliffe Street (2<sup>nd</sup> Floor), Fredericton, N.B. E3A 0A1 or Fax to (506) 472-6220 or email [lisawilson@smfn.ca](mailto:lisawilson@smfn.ca)**





Working Towards a Healthier Community

# GAME NIGHT

## For Youth 13 -30yrs old



Friday, April 21st

8pm – 7am

At Culture Centre

Bring your tv, game system &  
fave game for a night of  
gaming

**Wolastoqiyik Family Violence Strategy**  
**Employment Opportunity**

**2 Youth Mentors- One female/ One male for each First Nation**

The **Wolastoqiyik Family Violence Strategy** is a collaborative, community-based and culturally safe suite of services geared to address prevention of and interventions for victims, families, and perpetrators of family violence. Envisioned to deliver culturally safe programs and services, the Strategy will be led by a Family Violence Project Coordinator who will divide her time equally among 5 Maliseet communities in New Brunswick: Tobique, Kingsclear, Oromocto, Woodstock and St. Mary's First Nations.

Under the Wolastoqiyik Family Violence Strategy there is an employment opportunity for 2 Youth Mentors (one female and one male) who are identified community role models in each of the 5 Wolastoqiyik communities to connect with the Maliseet Youth, and collaborate with all schools attended by First Nation students and provide the opportunity for students to have someone to reach out and talk to. Mentors will be required to work with the Wolastoqiyik Family Violence Coordinator.

**Mentor Responsibilities:**

- Provide support to middle school and high school students to develop a better understanding of Family Violence and Trauma
- Facilitate First Nation Cultural activities with the youth
- Establish a female youth group
- Establish a male youth group

**Qualifications:**

- Grade 12 or higher
- Working with Youth

**Requirements:**

- Transportation is required for local travel
- May be required to work weekends
- Provide a Criminal Record Check/ Vulnerable Sector Check
- Valid Driver's License
- Must contact the Youth Employment Fund Program 506-453-2377 to make an appointment to see an employment counsellor for eligibility to participate in the program

**Start Date:** April, 2017

**Salary:** To be Determined

**Application Deadline:** April 12, 2017

**In order to apply you must:**

Mail, fax or email your cover letter, resume with three references to

**Attention: Laurie Paul**  
**77 French Village Rd**  
**Kingsclear, NB**  
**E3E 1K3**  
**Fax: 506-453-9452**  
**Email: laurie.paul67@gmail.com**



COME JOIN THE FUN  
**SMFN GIRLS GROUP**  
AGES 8-12

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**TUESDAY APRIL 11<sup>TH</sup>, 2017**

**6:00PM-7:00PM**

**SNACKS WILL BE PROVIDED**

CHIEF HAROLD SAPPYER MEMORIAL ELEMENTARY SCHOOL  
EARLY YEARS WING

ATTN PARENTS: TRANSPORTATION NOT PROVIDED

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Please join us for our newly formed girls group of St. Mary's First Nation!  
We will be focusing on educational, cultural, and personal development  
based activities and programs aimed at our First Nation girls aged 8-12. We  
hope to see you there!

"Our girls have every opportunity to succeed!"

FOR MORE INFORMATION CONTACT:

MS. BEANIE @ 470-7161, BARB BROWN @ 999-5524, SHANNON POLCHES @ 259-4326



# Discover real girl power.



Empowerment Program ©  
By Jenny Kierstead

Participants in the pilot program showed an amazing 26% improvement in the core competencies such as confidence and optimism and an exceptional 44% in resilience.

Girl on Fire is a life changing program designed to heal, inspire and empower women of all ages. This April, women **ages 18+** are gathering to join the Girl on Fire movement at Breathing Space Yoga Studio, Fredericton.

Learn tools to access your "10 inner treasures" that develop life long skills for accessing your unbounded potential. The Girl on Fire program is a journey of transformation in personal empowerment, making this an experience for every woman!

**Start Date:** Saturday, April 29th (12 sessions)

**Time:** 9:30 am - 11:30 am

**Location:** Chief Harold Sappier  
Memorial Elementary School

**Sponsored by:** St. Mary's Veterans Memorial  
Health Centre\*

*\* Deposit and Deposit Agreement  
required (see attached).*



**Register today as space is limited.  
Contact Melanie at 506.471.5189**

"The Girl on Fire program has taught me to be confident in myself, no matter what others think. I have learned that I am beautiful just the way I am and I believe that's something every girl should know!"  
- Girl on Fire graduate

Sponsored by the ST.MARY'S VETERANS MEMORIAL HEALTH CENTRE



Working Towards a Healthier Community

## GIRL ON FIRE Registration Form

NAME		AGE	
ADDRESS			
PHONE #			
EMAIL			
<b>IN CASE OF EMERGENCY</b>			
NAME			
PHONE #			
RELATIONSHIP			

The fee for this 12 week program will be funded by the St. Mary's Veterans Memorial Health Centre, however, participants are required to pay a \$50 deposit, that could potentially be fully refunded.

Following is the outline for the deposit refund.

0-2 days missed = full refund

3-5 days missed = half refund

6+ days missed = no refund

PLEASE NOTE: There is a 20 seat limit, so registration is not confirmed until deposit is received in full.

### DEPOSIT AGREEMENT

I, \_\_\_\_\_, fully understand the deposit refund.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**Our Energy Saving Superstar for the month of March is Tyler Barlow. Way to go Tyler!**

**Our grand prize winner for the \$500 gift card is Tammy Kendrick.**

**We would like to thank Retail Sales and the St. Mary's Entertainment Centre for your generous donations.**

**We would also like to thank all community members who participated in energy conservation over the winter months.**

**May you all enjoy the much anticipated Spring weather!**

**St. Mary's Social Department**



# St. Mary's Supermarket



PRICES IN EFFECT FROM Friday April 7 to Thursday April 13, 2017

April 11, 2017 One Day Anniversary Specials



**Save 61¢ lb**

**Smoked Pork Picnic Ham** **\$1.88 lb**  
/\$4.14 kg



**Save 41¢**

**Compliments Greeks Pita Bread** **\$1.68**  
425 g



**Save \$1.01**

**Product of Canada Carrots or Onions** **98¢**  
2 lb Bag



**Save \$3.49**

**Whole BBQ Chicken Meal** **\$15.98 each**  
(with Taters or Fries and Small Compliments Salad 454g)



**Save \$2.11**

**Strubs Bread & Butter Pickles** **88¢**  
500 ml



**Save \$2.00**

**Evangeline Breaded Scallops** **2/\$7.98**  
227 g

## April 11, 2017 14<sup>th</sup> Anniversary Specials

**Food Sampling**

**Free Breakfast**  
7 am - 9 am

**Instore Specials**

**Free BBQ**  
1 pm - 3 pm

**Grand Prize Draw**  
**\$1400 Cash**

**14 Additional Draws For**  
**\$140 Gift Card**

## Anniversary Specials

Grocery	
Ben's Xtra Bread (4 Varieties)	\$1.58
Pepsi or 7Up (15 pack + dep) - Regular or Diet	\$3.98
Wonder Bread-Hotdog or Hamburger Buns 12's	\$1.88
Nova Eggs Dozen Large Size Only	\$2.68
Old Dutch Chips 255g or Cheese Sticks	\$1.88
Bakery	
Kookie Kutter Ginger Snaps 200g	\$1.88
Mrs. Dunster's Crescent Donuts 351 g	2/\$4.98
Cheese English Muffins 6 pack	2/\$3.98
In-Store Baked Macaroon Cookies 12 pack	\$1.98
Produce	
English Cucumbers	78¢ea
Chiquita Bananas	58¢ lb
Potatoes (10 lb Bag Local)	\$1.28
California Oranges Dozen	\$2.98
Mitchells Soup Mix 225g - 390g	\$6.98
Scottie Hotties Fiddleheads	\$5.98
Meat	
Lean Ground Beef Value Pack	\$2.78 lb
Sunrise Bologna-Thick or Thin 375g	\$1.98
Better Bakery Pretzel Melts (4 Flavors)	2/\$4.88
Larsen Toupie Ham 1.36 kg	\$6.98
Larsen Wieners 900g	\$3.98
Seafood	
Fresh Atlantic Salmon Tails	\$4.98 lb
St. Mary's Smoked Salmon Strips 150 g	\$1.98 lb
Frozen Haddock Fillets	\$3.98 lb
James Breaded Sole Fillets	\$1.98 lb
Fresh Grand Manan Dulse	\$3.48 Bag
Deli	
Saputo Cheese Slices 160g-180g (5 Flavors)	\$2.88
10 Piece Deli Fried Chicken	\$9.98
Sunrise Bubble pack Sliced Meats 150g-175g (5 Kinds)	\$1.98
24 pack K-Cups	\$13.98

**Receive a Ballot with every Purchase**  
**Draw will take place April 12, 2017**  
**All Sales Final Sorry No Rain-Checks for our Anniversary**

**Seniors' Day Every Wednesday 10% Off St. Mary's Supermarket Only!**

**OPEN 7 AM—MIDNIGHT 7 DAYS A WEEK (Holidays 9 am to 6 pm)**

Rain Checks Available  
Excluding 2L Pop Promo

**Where Everyone is Welcome!**

**Friendly Service**  
**Courteous Carry-Out**

ST. MARY'S RETAIL SALES, WHERE THE CUSTOMER IS ALWAYS # 1  
150 Cliffe St., Fredericton, NB  
We Reserve the Right to Limit Product While Supplies Last  
Check Out our Website for More In-Store Sales @:

**Tax Free Sundays!**

[www.stmarysretail.com](http://www.stmarysretail.com)

**506-462-9604**

Taxes & Bottle Deposit where Applicable

St. Mary's Supermarket Only