SITANSISK KOLUSUWAKON

October 1 to October 14, 2021

13 Feathers Represent the 13 Lunar Cycles

Want something in the newsletter? Email newsletter@smfn.ca

ST. MARY'S 7th ANNUAL CHIEF HAROLD SAPPIER COMMUNITY BULL MOOSE HUNT 2021

This year's community moose hunt will be October 15, 16, 17th, 2021

Registration will take place October 6th, 7th, 12th, 13th 2021, from 9-12 & 1:30-4:30 at the Band Hall with Melissa Saunders.

Cost of registration will be $50.00

PAYMENT IN CASH ONLY!!!

Deadline for registration is October 13, 2021 @ 4:30 NO EXCEPTIONS

We look forward to meeting & seeing you all at this great yearly community event!!!!

VITRUAL EVENT-COMMUNITY MEMBERS ONLY
MAQIYAHTIMOK CENTRE

National Day of Truth & Reconciliation

THURSDAY, SEPTEMBER 30TH. 2021
3:00PM-5:00PM
LIVE STREAMED-VIRTUAL EVENT
DRIVE THRU FEAST BEGINS @ 3:30PM

SOCIAL DISTANCING REQUIRED
MASKS ARE MANDATORY

LIGHTING OF THE SACRED FIRE
OPENING PRAYER BY IMELDA PERLEY
OPENING REMARKS BY GRAYDON NICHOLAS
PHYLLIS' STORY BY SAKOM POLCHIES
RESIDENTIAL SCHOOL SONG: IDA HENRY-BROOKS
ALL MY PEOPLE BY MAGGIE PAUL
SONGS BY SISTER OF THE DRUM
DRIVE THRU FEAST

St Mary's First Nation

150 Cliffe Street, Fredericton, NB E3A 0A1

P. (506) 458-9511 T.F. (888) 445-6644

September 28, 2021

stmarysfirstnation.com

NATIONAL DAY OF TRUTH & RECONCILIATION
(Virtual Event)

Where: St. Mary's Maqiyahtimok Community Centre and Online (Livestreamed to the Community Facebook Group)
When: 3:00 p.m. - 5:00 p.m.

Schedule:
4:30 a.m. - **Lighting of the Sacred Fire** (By Apatawsuwikuwam)
3:00 p.m. - **Drive-Thru Feast Starts**, Lasts Until Plates Are Gone
3:00 p.m. - **Opening Prayer**: Imelda Perley
3:10 p.m. - **Opening Remarks**: Graydon Nicholas
3:15 p.m. - **Phyllis's Story**: Sakom Polchies
3:20 p.m. - **Residential School Song**: Ida Brooks-Henry
3:25 p.m. - **Spirit Plate/Honor Song**: Maggie Paul
3:30 p.m. - **Sisters of the Drum**: Performing A Handful of Songs

Spread the **ORANGE** by hanging an **ORANGE** shirt in your window and lighting a candle in the window at dusk.

Reminder to Citizens of Acceptable Nighttime Noise Levels

In recent months there has been an increase in the number of noise complaints lodged with the Band Administration and St. Mary's Security. This letter is to request citizens consider the level of noise they produce during the nighttime.

Excessive noise can be caused by a variety of factors, including noisy operation of motor vehicles (excess revving of engines, etc), large crowds and parties, and loud music.

We kindly ask that citizens keep their residential visitors and recreational noise levels down at night and take efforts not to infringe the rights of other citizens living in the surrounding area to a good night's rest.

Should you have any questions, feel free to call the Band Office any time, Monday to Thursday, 8:30 a.m. to 4:30 p.m. or contact a member of Chief and Council via their listed contact information on the community website during regular business hours.

Woliwon!

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September 28, 2021

stmarysfirstnation.com

Reminder of Moratorium on Cannabis Dispensaries and Grow Ops

In February of 2021, St. Mary's First Nation Chief and Council passed the following motion:

"As of February 25, 2021, St. Mary's First Nation will no longer permit any additional cannabis dispensaries and grow operations within the community. Not abiding by this motion will result in financial and legal action."

This is a reminder to any citizens starting such businesses or operations that there is a moratorium in place. This includes operations in existing residences, which if found to be in place will result in the termination of power payments from social.

Additional enforcement actions may be taken if a business is found to be operating in violation of this moratorium.

Chief and Council thanks citizens for their compliance in this matter and welcomes input on these matters. To reach out to Chief and Council, feel free to call the band office during normal hours (Monday to Thursday, 8:30 a.m. to 4:30 p.m.)

-XXX-

ST. MARY'S PUBLIC WORKS

Notice of Fall Cleanup Dates

Fall Cleanup started on September 22, 2021 and runs until October 22, 2021.

Items and debris must be placed curbside and bagged wherever possible. Residents are asked to be patient as pickup may not always occur same-day due to fluctuating volumes.

St. Mary's Retail Sales is now accepting applications for various departments.

Retail positions are part time shift work and require you to be flexible with availability. Most positions start at a competitive rate of $12.38 an hour.

If you currently have an application on file with us, please feel free to submit an updated application or call to update your contact information.

Applications can be submitted to the Human Resource department in person at 150 Cliffe St on the 2nd floor Retail sales Administration office or by email to janrouse@smfn.ca

St Mary's First Nation

150 Cliffe Street, Fredericton, NB E3A 0A1

P. (506) 458-9511 T.F. (888) 445-6644

September 26, 2021

stmarysfirstnation.com

Information on What Can/Cannot Be Flushed Down the Toilet

St. Mary's First Nation Housing Department would ask that residents refrain from flushing anything other than human waste and toilet paper.

This includes the follow products:

- "flushable" and baby wipes
- cigarette butts
- menstrual products
- condoms
- cotton swabs (Q-Tips)
- paper towels
- diapers
- hair
- gum
- grease and other oils
- dental floss
- bleach, other household cleaners in large quantities
- anything not from one's body (toilet paper excluded)

These products and substances are unsafe to flush, even if labelled to indicate they are.

These products and substances will fail to break down in drains and sewer systems, wreaking havoc on the pipework and potentially causing damage to your home.

If housing receives multiple calls to clear blockages caused by these products, the occupant may be required to pay for the service call.

CONSERVE ENERGY CONTEST

SMFN ENERGY

IT'S THAT TIME OF THE YEAR!

Contest will run from October 2021 to March 2022.

Monthly prizes can be won! Ways to enter:

Call the Social department each month to see how much your power bill is

OR

Be the household with the lowest bill

(506) 458-9511

EXT. 112 OR EXT. 210

ENERGY CONSERVATION TIPS

FANS

Use desk and ceiling fans in rooms to cool them down.

CURTAINS

Close blinds & curtains to reduce loss of heat.

HEAT

Turn down heat in rooms when not in use.

WASHING

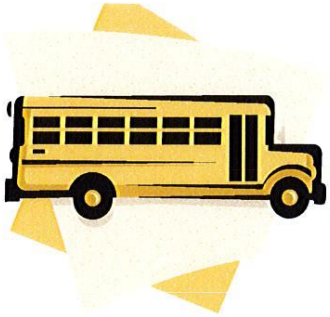
Wash clothes in cold water only.

LIGHTS

Turn off lights and electronics when not in use. E.g. Microwaves, charging cords.

SHOWERS

A seven-minute shower with a 2.5-gallon-per-minute showerhead uses less water and heat than a full bath.



Rules for Riding the Bus Safely

- Take your seat promptly and sit properly, facing forward at all times.
- Place book bags and parcels under your seat or on your lap.
- Keep the aisle of the bus clear at all times.
- Always keep your head, hands and arms inside the bus.
- Throwing objects inside or outside of the bus is NOT permitted.
- Talk quietly; the driver needs to concentrate to safely drive the bus. Fighting, shouting, or use of obscene language is NOT permitted.
- Obey the driver.
- Respect others.
- Remain seated.
- Masks must be worn at ALL times on the bus until further notice.
- Ensure there are no hanging toys or drawstrings from your child's clothing or book bag. These can get caught on handrails or in doors.
- NO vulgar language should be heard on the bus or yelling at others from your windows.

If an incident happens on the bus…the driver will report it and fill out an incident report for students file. The school then decides on disciplinary action for the student. If there is a second warning to a student, there will be a bus suspension. Third offense can result in suspension for the rest of that term and will have to find transportation to and from school (depending on the severity of the offense).

Our drivers are responsible getting our children to school safely and therefore must have student cooperation and obey bus safety rules.

Thanks a bunch for your cooperation ☺

2021-2022 Enhancement Team For St. Mary's First Nation

Barb Brown	Enhancement Liaison, St. Mary's & Province of NB	999-5524
Julie Paul	Devon Middle School, First Nation Language & Culture	453-5405
Alex Paul	Devon Middle School, First Nation Academic Support	453-5405
Bonita Hunt	Devon Middle School, Guidance	453-5405
Emilie Gray	Nashwaaksis Middle School, First Nation Language & Culture	453-5436
Claudia Perley	Leo Hayes High School, Academic Support	457-6898
Sylvia Paul	Leo Hayes High School, First Nation Language & Culture	457-6898
Juliana Paul	Leo Hayes High School, Guidance	457-6898
Jessica Millier	Wolokehkitimok Teacher	472-5600
Brad Paul	Wolokehkitimok Teacher	472-5600
Katelyn Nash	Wolokehkitimok Support	472-5600
Doreen Griffith	Gibson Neill Memorial, First Nation Language & Culture	453-5429

ST. MARY'S FIRST NATION
MAQIYAHTIMOK CENTRE

8
OCTOBER

THANKSGIVING
HAMPERS

THANKSGIVING HAMPERS WILL BE DELIVERED TO ALL SENIOR'S 60+ LIVING WITHIN THE COMMUNITY STARTING AT 10AM.

DRIVE-THRU PICK UP OF HAMPERS FOR ALL SMFN MEMBERS (1 PER HOUSEHOLD) BEGINNING AT 11AM ENDING AT 6PM.

ALL HAMPERS MUST BE PICKED THAT DAY, PLEASE MAKE NECESSARY ARRANGEMENTS.

Made with PosterMyWall.com

SI-TANI-SK ELDERS TEA TIME

Oct: 6,13,20,27, 2021

Time : 9-10:30

Location: Maqiyahtimok Centre

Sherry, Shelley, Jennifer & Barb would love to have you join us every Wednesday for a light breakfast & great conversation

JORDAN'S PRINCIPLE

MAWIW

Ensuring no child is denied access to:

- Healthcare & Mental Health
- Education
- Social Support
- Cultural Support

How can we help?

The Jordan's Principle is a child-first principle that is meant to ensure all First Nations children have access to essential services and timely access. The Jordan's Principle is not a policy or a program; **it is a legal requirement.**

When a First Nations child, regardless of if they live on-reserve or off-reserve, needs a publicly funded health, social, or educational service or support that other Canadian children normally receive, but cannot access through existing programs, then the child is eligible for services or supports through the Jordan's Principle Initiative.

If you or your child is in need of health, social, educational, or cultural support, please reach out to one of our case coordinators that are available at the phone numbers listed below. The Jordan's Principle Initiative applies to children from 0-19 years old.

1,209
Children received support in 2020/21

+167
More children received support this year compared to last

MAWIW

info.mawiw@efned.ca
1 (833) 880 – 1503

Local contacts:

Mi'kmaq Communities			Wolastoq Communities	
523-4572	330-1020	773-3668	472-1232	378-4394
Elsipogtog	Esgenoôpetitj	Miramichi	Greater Fredericton	Neqotkuk & Western NB

St. Mary's Health Centre Presents

STOMP the STIGMA 5KM

annual walk

LET'S STOMP THE STIGMA
ON MENTAL ILLNESS
ONE STEP AT A TIME

$25
REGISTRATION

10.03.2021

Early Bird : Register before Sept 27, 2021 to receive 2 entires for prizes

For those who do not make the deadline for early bird registration can register on-site at 9:00am. Participants who register late will only receive 1 entry for prizes.

Walk starts at 10AM, Sunday, October 3, 2021
Located at the Old Reserve on Union St. next to Tim Hortons. Dress accordingly to the weather.

REGISTER AT:
SMHCRegistration@hotmail.com

St. Mary's First Nation
Employment Opportunity
Emergency Measures Officer (EMO)

Position Summary:

Under the general supervision of the St. Mary's First Nation Director of Operations the St. Mary's First Nation is seeking an additional EMO Officer to assist with community Emergency situations.

Qualifications:

1) Minimum Grade 12
2) College/University Preferred
3) First Aid/CPR
4) Microsoft Office Programs
5) Valid Driver's License
6) Available to be on-call
7) Clean Criminal Record/CP Check
8) High Level of Confidentiality
9) Presentation Skills
10) Excellent Communication Skills both Oral/Written
11) Will be required to work closely with multiple

Applications should be forwarded by no later than **October 20th, 2021 @ 4:30pm.**

Jan Rouse
Human Resource Administrator
150 Cliffe Street (2nd Floor)
Fredericton, N.B. E3A 0A1
Fax to (506) 472-6220
Email janrouse@smfn.ca

Illustration by Hawlii Pichette
More coloring pages at www.urbaniskwew.com/coloring-pages

Orange Shirt Day ~ National Day For Truth and Reconciliation - September 30

TRAIN YOUR PAWS TO ALWAYS TURN OFF THE LIGHT WHEN YOU LEAVE A ROOM!

Kids Coloring Contest!

Please return to the Social Department by October 28th.

St. Mary's Supermarket

EVERYONE WELCOME!

WOW!

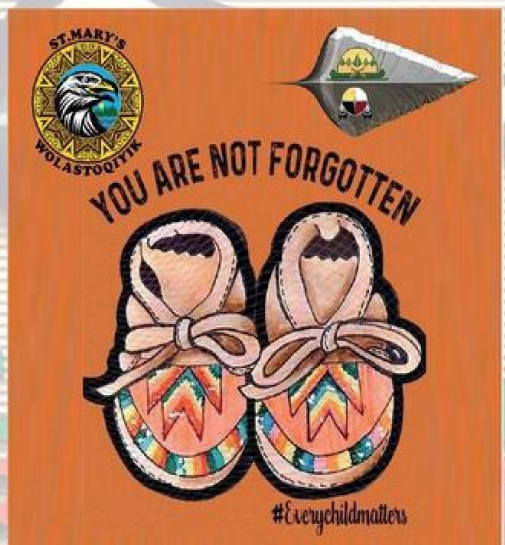
8PC MEAL DEAL W/MED FRIES/TATERS & 2L POP

$14.48

WOW!

EYE OF ROUND OVEN ROAST
$10.98KG

$4.98 LB



National Day for Truth and Reconciliation

SEPTEMBER 30, 2021

ALL OUR BAND OWNED BUSINESSES WILL BE CLOSED FOR THE DAY

WOW!

STEW PACKS
5LB BAG

$2.98

WOW!

WINDSOR TABLE SALT

98¢

FRESH ATLANTIC SCALLOPS 20-30 COUNT
$37.43KG

$16.98 LB

CIABATTA ROLLS
4PK

$1.98

"FRESH" CHICKEN DRUMSTICKS
$3.48KG

$1.58 LB

PIZZA OR DONAIR BAGELS

$2.48

SUNRISE BOLOGNA THICK OR THIN
375G

$1.98

PINEAPPLE

$1.98

COMPLIMENTS ASSORTED MUFFINS
6PK

$3.98

TRUE NORTH CANDIED SALMON STRIPS
$41.84KG

$18.98 LB

OASIS JUICES
960ML

98¢

BIG 8
2L

98¢

COMPLIMENTS JUICE BOXES
8-10PK

$2.48

DARE BEAR PAWS/ WAGON WHEELS
240-360G

$2.48

COMPLIMENTS ORANGE JUICE 100%
1.75L

$1.98

COMPLIMENTS CANNED VEGETABLES
398ML

88¢

Seniors' Day Every Wednesday 10% Off St. Mary's Supermarket Only!

OPEN 7 AM—10 PM - 7 DAYS A WEEK (Holidays 9am-6pm)

WHERE THE CUSTOMER IS ALWAYS # 1 150 Cliffe St., Fredericton, NB

Check Out our Website @: www.stmarysretail.com

PRICE IN EFFECT FROM WED. SEPTEMBER 29 TO TUES. OCTOBER 5, 2021

CARRY OUT GROCERIES TO YOUR CAR

TAXES & BOTTLE DEPOSIT WHERE APPLICABLE