SITANSISK KOLUSUWAKON

February 17 to March 3, 2022

Community Pow-Wow Saturday, February 19, 2022

COVID Protocols to Be In Place (Physical Distancing, Masks Required, Contact Tracing)

Want something in the newsletter? Email newsletter@smfn.ca

Pow-Wow Itinerary

Saturday, February 19, 2022
Maqiyahtimok Centre (7 Wolastoq Way)

7 A.M.

Sacred Fire Lit

9 A.M.

Vendors May Enter to Set Up On Third Floor

11 A.M.

Dancers, Drummers, Employees and Volunteers Meet To Coordinate

12 P.M. (NOON)

Grand Entry
Dancers To Bless the Grounds
Introduction of Head dancers, Honouring of Flags, Honouring of Veterans with Song, Followed by Inter-Tribal dances

2 P.M.

Youth Events (Candy Dance, Potato Dance, Moving Into Inter-Tribals

3 P.M.

Red Dress Special Dance (Sister of the Drum Performing) With Prizes
Prizes: $250 for 1st Place, $150 for 2nd Place, $100 for Third Place
Blanket Dance for Erin Brooks

4 P.M.

Hand Drum Competition
Transition Toward Closing Ceremonies

5-7 P.M.

Take-Away Feast*
(Ham Dinner Served with Mashed Potatoes, Vegetables and a Dinner Roll)

Drive-Thru Only (No Deliveries)

*While Supplies Last

ST. MARY'S POW-WOW COMMITTEE HAS THE RIGHT TO CHANGE THE SCHEDULE AS NEEDED

ST. MARY'S FIRST NATION

JOB FAIR & CAREER EXPO 2022

Representatives from: Band Administration, Retail Sales, Supermarket, Smoke Shop, One Stop, Gas Bar, Wolastoq Wharf, Sacred Arts, Earth Medicine, Health Centre, Public Works, Entertainment Centre, CHSMES/Turtle Tots, Gabriel Eletric, WTCI, JEDI, Fredericton Police, NB Power, First in Trades, City of Fredericton and PETL.

MARCH 23, 2022
9 A.M. - 3 P.M.
MAQIYAHTIMOK CENTRE, 7 WOLASTOQ WAY

For More Information, email chrissypaul@smfn.ca

Sitansisk

(St Mary's First Nation)

150 Cliffe Street, Fredericton, NB E3A 0A1

P. (506) 458-9511 T.F. (888) 445-6644

February 15, 2022

stmarysfirstnation.com

Gates and Improved Community Safety Plan

Chief and Council approved the use of the security gates during a duly convened session. These gates will be in effect from 11 p.m. to 6 a.m. (23h00 to 6h00) every day. Gate workers will be recorded by outdoor cameras and will be wearing body cameras to ensure worker and public safety is maintained. **Visitors at these gates will need to provide Photo ID and may only enter from the Howe Street entrance.**

Members will be able to have trusted visitors added to a list maintained by security and EMO by calling either the Band Office at +1 (506) 458-9511 from 8:30 a.m. to 4:30 p.m. (8h30 to 16h30) on weekdays, or Security at +1 (506) 447-8721 when the band office is unavailable. This list will be updated daily and names cannot be added after the gates close for the night.

All visitors will be the responsibility of their host members, and misconduct may result in the removal of that members' visitors from the list. Visitors not on the list will be handled on a discretionary basis by gate workers and may be denied entry. In the event you need to bring a guest into the community without advance notice, call security and inform them; or meet your guest at the Howe Street gate.

Security and EMO are working to improve ease of access for band members at the gates, with the option for placards or stickers being discussed for member-owned vehicles to reduce delays for members at the gates.

Chief and Council remains committed to maintaining a peaceful environment for members. We thank you for your continued support and cooperation in making Sitansisk a safe, welcoming environment.

Woliwon,
Sitansisk Chief and Council

We're Recruiting for STEP Roofing Group!

Below is what our STEP group can offer;

- A welcoming, practical FREE training.
- Exciting apprenticeship opportunities in the Moncton Fredericton & Saint John region.
- Giving Women, Indigenous People, Newcomers, Visible Minorities, People with Disabilities, LGBTQ+ a STEP towards a new career

If you are interested applying please reach out to info@mapsws.ca or learn more by visiting mapsws.ca/STEP

Deadline to apply is, February 25th,2022

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February 17, 2022

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Notice of Band Office Closure for Family Day

The Band Office will be closed on Monday, February 21, 2022 for Family Day. For band-hall related emergencies, please call the band office number (+1 506 458-9511) and leave a message with the answering service, who will forward your messages to the on-call worker for the respective departments.

Please do not contact band employees via Social Media to make requests, to ensure all appropriate protocols are followed, band employees will not be able to assist if contacted direct in this manner.

Departments with publicly listed On-Call numbers will continue to provide on-call services during holidays. A list of contact numbers for these departments is available online at www.stmarysfirstnation.com/contact/

Woliwon,
Sitansisk Chief and Council

BE PART OF OUR 2022 STEP BRICKLAYING CLASS!

After the FREE 16-WEEK TRAINING, there will be opportunities for you to begin a direct route to apprenticeship with Union/Non-Union Bricklayer Contractors in the Moncton, Saint John and Fredericton area!

We're looking for WOMEN, INDIGENOUS PEOPLE, NEWCOMERS & PEOPLE WITH DISABLITIES, VISIBLE MINORITIES, LGBTQ+ to be part of our Spring 2022 class. Interested in applying? Reach out to info@mapsws.ca

BENEFITS OF BECOMING A MASON/BRICKLAYER:

- EXCELLENT PENSION/BENEFITS
- JOB SECURITY
- HIGH WAGES
- REWARDING & FULFILING CAREER
- ACCESS TO TRAINING &EDUCATION

ATLANTIC MASONRY INSTITUTE

Deadline to apply: February 11th, 2022

A Message from the new Recycling Coordinator

Kwey Sitansisk,

My Name is Elsie McNeil (Paul.) I was born here at St. Mary's First Nation. My mother was Josephine Paul and I grew up on Paul Street. For years I've been concerned with the environment and how I could help protect our earth. I worked in various throughout my professional career. Mainly driving tractor trailers and in the construction industry. This has helped me hone and enhance me skillset to provide quality services in my new role of Recycling Coordinator for Sitansisk.

I remain passionate about our environment and the Earth we life on and believe we have what it takes to do our part in protecting the environment to protect our community. You will see me throughout the community in the coming days and weeks to come. I will be gathering information and meeting with people to get their takes on recycling.

My goal is the implement a viable recycling program within our community. Please feel free to stop by or reach out to chat.

All my relations,

Elsie

CONSERVE ENERGY CONTEST

Call the social department to see how much your monthly bill is, OR, be the household with the lowest bill to be entered in a draw for a prize! (506) 458-5301

Washing your laundry in cold water versus hot water can help conserve. Washing your clothes on warm and rinsing on warm will cost you approx. $0.53 per load, and washing your clothes on warm and rinsing on cold will cost you approx. $0.29 per load.

Job Opportunity

St. Mary's Retail Sales

Overnight Gate Security

11pm- 6 am Shifts

This position involves monitoring gates/ access control at points on Reserve.
We are looking for candidates with a valid driver's license, bondable, must be familiar with First Nation Communities, dependable, flexible.
Security experience is not required but would be an asset.
Training can be provided.
Gate Personal may also be required to report unusual occurrences to Director of Security, and request assistance from fire and police departments if required.

We need people to start ASAP, if you are interested, please contact by email at lisawilson@smfn.ca or call (506) 478-3218

St. Mary's Home and Community Care Program

Job Posting: Personal Care Worker/Home Care Worker

Hours: Part-time, Full Time, Casual, Temporary

Pay: Starting at $ 17.00/ hour

Job Description: Provide personal care and emotional support in client's home; follow care plan provided by Home and Community Care Program; report to Home and Community Care Nurse. We are looking for enthusiastic and compassionate workers who will support our clients in remaining in their own homes as safely as possible. Care varies by client's needs.

Qualifications:

- Successful completion of a Personal Care Worker certification course or equivalent. Experience preferred but new workers with good references welcome.
- First Aid
- Valid Drivers license and access to a vehicle while working
- Must be fully Vaccinated

If interested, or should you have any questions regarding this posting, please send your resume and availability to:

St. Mary's Home and Community Care Program
(Attn: Home and Community Care Nurse Jennifer Macfarlane)
St. Mary's Veterans Memorial Health Centre
440 Highland Av, Fredericton NB E3A 5X1
Phone: (506)452-2750
Fax: (506)452-2759
Or email your resume to:
Jennifermacfarlane@smfn.ca
Amandabrooks-drummond@smfn.ca
Related references are required.

WEDNESDAY
FEB 23
MAR 2, 16,23, 30
9:00-10:30 A.M.
Elders Tea
Maqiyahtimok
Centre

St. Mary's Health Centre

MENTAL HEALTH DROP-IN

Appointments are not required - If you are having a bad day or need someone to talk to, we are extending our services in the evening on Wednesday's for Mental Health drop-in's. Dates are listed below.

Wednesday's

6:00pm - 9:00pm

January 19, 2022
February 2, 2022
February 16, 2022
March 2, 2022
March 23, 2022

Be aware and care for people who have mental illness around you!

On Call Schedule from January 26 – Apr 27, 2022

Sitansisk Piley Awt (Child and Family)
35 Dedham St – 3rd floor, Fredericton, NB E3A 2V2
Phone 206-9119 Fax: 206-9192
Answering Service: 1-866-569-856 Fax 1-866-634-1222
Check in Line: 452-1624

1. **Workers are scheduled for one full week at a time.**
2. **Week runs from Thursday at 8:30 am until the following Thursday at 8:30 am.**
3. **Worker is responsible for all time the office is closed during their week.**
4. **Holidays or office closures are marked in red**

Jan 20 – 26 ….. Shelley
Jan 27 – Feb 2 …. Justine
Feb 3 – 9 ….Genine
Feb 10 – 16 … Nevin
Feb 17- 23 … Shelley
Feb 24 – Mar 2 … Justine
Mar 3 – 9 …. Genine
Mar 10 – 16 .. Nevin
Mar 17 – 23 … Shelley
Mar 24 – 30 … Justine
Mar 31 – Apr 6 … Genine
Apr 7 – 13 … Nevin
Apr 14 – 20 … Shelley
Apr 21 – 27 … Justine

ATLANTIC POLICY CONGRESS
OF FIRST NATIONS CHIEFS SECRETARIAT

Atlantic Policy Congress is Hiring for Three Positions:

Non-Insured Health Benefits (NIHB) Navigator

Full-Time Position
Applications Close March 4, 2022

Administrative Assistant

Full-Time Position
Applications Close March 11, 2022

Administrative Communications Assistant

Full-Time Position
Applications Close March 11, 2022

GEMTEC
CONSULTING ENGINEERS AND SCIENTISTS

Gemtech is Looking for Indigenous Environmental Technologists

Full-time Position
Requires Reliable Transportation

For More Details on All Job Postings, visit:

http://www.stmarysfirstnation.com/jobs

FEBRUARY 6TH/13TH/20TH/27TH, 2022

COMMUNITY SKATING *Days*

ON THESE DAYS, WE WILL BE OFFERING A WEEKLY SKATE DAY FOR THE MONTH OF FEBRUARY ON SUNDAYS FROM 12-3PM.

THERE WILL BE A WARMING STATION, HOT CHOCOLATE, WATER, SNACKS AND A FIRE TO KEEP WARM DURING THESE TIMES ALONG WITH A WEEKLY PRIZE FOR COMING TO SKATE OR SLIDE.

MAQIYAHTIMOK CENTER - COMMUNITY SKATING RINK
COVID-19 PROTOCOLS/BRING A MASK

Made with PosterMyWall.com

Rules for Riding the Bus Safely

- Take your seat promptly and sit properly, facing forward at all times.
- Place book bags and parcels under your seat or on your lap.
- Keep the aisle of the bus clear at all times.
- Always keep your head, hands and arms inside the bus.
- Throwing objects inside or outside of the bus is **NOT** permitted.
- Talk quietly; the driver needs to concentrate to safely drive the bus. Fighting, shouting, or use of obscene language is **NOT** permitted.
- Obey the driver.
- Respect others.
- Remain seated.
- Masks must be worn at ALL times on the bus until further notice.
- Ensure there are no hanging toys or drawstrings from your child's clothing or book bag. These can get caught on handrails or in doors.
- **NO** vulgar language should be heard on the bus or yelling at others from your windows.

If an incident happens on the bus…the driver will report it and fill out an incident report for students file. The school then decides on disciplinary action for the student. If there is a second warning to a student, there will be a bus suspension. Third offense can result in suspension for the rest of that term and will have to find transportation to and from school (depending on the severity of the offense).

Our drivers are responsible getting our children to school safely and therefore must have student cooperation and obey bus safety rules.

Thanks a bunch for your cooperation ☺

Kids colouring contest for February!

For Spare Copies, Visit:
stmarysfirstnation.com/feb22colour

NAME: _____

Making sure the fridge door is always closed tight, can help save on power!

Please return to the Social department by Feb. 28th

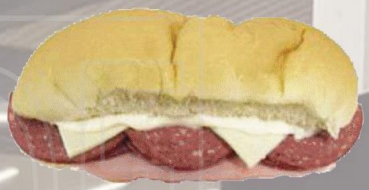
*Additional copies can be found on the SMFN website

Two Nations One Stop

EVERYONE WELCOME!

MR. NOODLES
85G
58¢

SUNDAY ONLY
2L PEPSI PRODUCTS
98¢



IN STORE MADE 6" SUBS
1EA
$1.98

BAG OF CARROTS
2LB
$1.28

SUNRISE BOLOGNA
THICK OR THIN SLICED
375G
$2.48

BAG OF ONIONS
2LB
$1.28

OASIS JUICES
960ML
$1.28

NESTLE MINIS
BAG CANDY
135-203G
$2.88

IQF FROZEN VEGGIES
1KG
$3.48

TWO NATIONS ONE STOP, 680 HOWE ST. JUST OFF OF TWO NATIONS CROSSING **506-452-8128**

HOURS SUNDAY TO SATURDAY, 7 AM TO 12 MIDNIGHT • FULL SERVICE AT THE PUMPS, ALSO A DRIVE THROUGH

PRICE IN EFFECT FROM FRIDAY, FEBRUARY 18 TO THURSDAY, FEBRUARY 24, 2022

Check Out our Website @: www.stmarysretail.com

St. Mary's Supermarket

EVERYONE WELCOME!

TOP SIRLOIN OVEN ROAST
$10.98KG
$4.98 LB

COMPLIMENTS PITA BREAD WHITE OR WHOLE WHEAT
250G
$1.28

ON THE VINE TOMATOES
$3.48KG
$1.58 LB

21PC CHICKEN BUCKET
$21.98

MAPLE LEAF BACON REGULAR OR LAZY MAPLE
375G
$3.98

"FRESH" PORK BELLY
$6.57KG
$2.98 LB

COMPLIMENTS FUDGE BROWNIES
319G
$2.98

LITTLE POTATO COMPANY OVEN/ MICROWAVE ALL VARIETIES
$2.98

4PC CHICKEN STRIP MEAL
$6.98

COMEAU BACON WRAPPED SCALLOPS
340G
$11.98

PINE SOL CLEANER
1.41L
$3.48

FROZEN BULK CHICKEN NUGGETS
$6.57KG
$2.98 LB

ASPARAGUS
$8.77KG
$3.98 LB

DIGBY CHICKS SMOKED
$10.98KG
$4.98 LB

POPCORN CHICKEN SNACK
$4.48

CAVENDISH FARMS FRIES
454-750G
$2.98

KRAFT PHILLY DIPS
227G
$2.38

BETTY CROCKER CAKE MIXES OR FROSTINGS
340-461G
$1.68

CLOVER LEAF TUNA
85-170G
$1.48

BETTY CROCKER HAMBURGER HELPER
158-240G
$1.98

INTERNATIONAL DELIGHT COFFEE CREAM
946ML
$3.48

HUNGRY MAN FROZEN DINNERS
360-455G
$3.48

Seniors' Day Every Wednesday 10% Off
St. Mary's Supermarket Only!
Don't Forget to cash in your Gas Bar Bucks!!

OPEN 7 AM—10 PM - 7 DAYS A WEEK (Holidays 9am-6pm)
WHERE THE CUSTOMER IS ALWAYS # 1 150 Cliffe St., Fredericton, NB
Check Out our Website @: www.stmarysretail.com
PRICE IN EFFECT FROM
WEDNESDAY, FEBRUARY 16, 2022 TO TUESDAY, FEBRUARY 22, 2022

CARRY OUT GROCERIES TO YOUR CAR
TAXES & BOTTLE DEPOSIT WHERE APPLICABLE